

# Ideas for NUT Free Snacks

Please note that Brand names are absolutely essential

Nabisco Wheat Thins  
Nabisco Honey Maid Grahams- original, cinnamon or cinnamon sticks, Scooby Snacks, Bug Bites  
Nabisco Oreos- regular (no generics)  
Nabisco Mini-Fruit Newtons, any flavor  
Nabisco Nilla Wafers (original)  
Nabisco (Chips Ahoy Brand only)-chocolate chip-original or chewy  
Keebler Townhouse cracker- original or wheat  
Pepperidge Farms Gold Fish crackers or rainbow fish, pretzel fish  
Nutrigrain Brand Fruit Breakfast Bars- **no** granola bars  
Nestle Carnation Instant Breakfast Drink- chocolate  
Kellogg's Brand frosted mini wheats & REGULAR cheerios, Rice Krispies  
Kellogg's brand poptarts- any fruit flavor, iced or plain  
General Mills Cereal- Kix & Wheaties  
Quaker Cereal- Life; regular or cinnamon  
Quaker Breakfast Bites- raspberry or strawberry, with or without icing  
Rold Gold Brand Pretzels  
Lays Potato Chips (plain and sour cream & onion)  
Pringles Potato Chips  
Doritos (regular flavor)  
Frito Lay Fritos  
Tostitos (regular and lime)  
Teddy Grahams (cinnamon)  
Dum-Dum lollipops any flavor  
Yogurt- Yumisters and Danimals (nothing with granola), Trix, GoGarts  
Kraft Cheese Singles, String Cheeses  
Oscar Mayer Bologna all kinds  
Franch's Yellow mustard  
Kellogg's Apple Jacks  
Popcorn ACT II microwave  
Rasins, apples, bananas, oranges, pears, peaches...all fruits  
Fruit Snacks- Kellogg's Brand any shape, fruit rollups, fruit by the foot  
Pizza from: Pizza Hut, Vocelli's, Rotelli's, Papa John's  
Kraft Macaroni and Cheese box mix, easy mac or microwave cartons  
Hunt's brand puddings (ready to buy/serve) chocolate, vanilla or these flavors swirled  
Thomas' English Muffins any flavor  
Thomas' mini bagels- any flavor  
Schwebel's brand Sweet Harvest Wheat bread, Schwebel's white bread  
Jelly from **SQUEEZE bottles** only, Smucker's brand; strawberry, grape, raspberry  
McDonald's only; chicken nuggets, french fries and hamburgers (these are fried separately from fish products)  
Duncan Hines Moist Deluxe yellow cake mix (please bring in the empty box)  
Austin Brand animal crackers (found @ Sam's Club)  
All vegetables are Ok except peas, green beans they are in the nut family

Can **not** have chocolate candy, baked goods (cakes, cupcakes, cookies) that are bakery store bought/baked, Icecream from Handels **ONLY** is OK. **NO** chocolate chips that you bake with.